

Yokosuka General Medical Center Obstetrics and Gynecology Information

For new mothers and their families, the birth of a new life is a joyous and happy occasion. We care about each of you and will support you wholeheartedly from pregnancy through postpartum.



On March 1, 2025, Yokosuka General Uwamachi Hospital moved to Kurihama Shinmei Park and took a new step forward as Yokosuka General Medical Center.

Ward 4 B Obstetrics/Delivery Room/LDR/General

- The delivery room will be equipped so that emergency delivery patients can be transported via the emergency elevator.
- Two LDR rooms are available where patients can stay from labor through delivery and recovery.
- A transport route from the emergency elevator will be secured to the NICU.

Features of our obstetrics department

Since our clinic opened in 2002, we have provided not only prenatal check-ups by doctors but also midwifery consultations by midwives, the option of giving birth in a free-style manner in a tatami-floored delivery room, and breastfeeding support.

Strengths of Our Obstetrics Department

★ We provide care during pregnancy to maximize the potential of expectant mothers and ensure that they can have a satisfying and happy delivery.

★ Our pediatricians are on duty 24/7, and we have a NICU (Neonatal Intensive Care Unit) in place, which assures a strong support system in case of emergencies.

★ If necessary, we can cooperate with pediatrics and other medical departments to respond to complications and emergencies during the perinatal period.

Midwives work to build relationships with expectant mothers from pregnancy, ensuring they can give birth with peace of mind.



Delivery costs

- Vaginal delivery (estimate for a hospital stay of 6 days)

	City residents	People from outside the city
four-person room	480,000円～520,000円	530,000円～580,000円
Private room use (Including LDR)	530,000円～620,000円	580,000円～660,000円

※Even when using a room for four people, if a private room is used for part of the stay, an additional private room fee will apply.

• Delivery assistance fee

	City residents	Outside the city
Weekdays from 8:30 AM to 5:00 PM	50,000円	75,000円
Multiple children (Per child)	25,000円	25,000円
Overtime (Weekdays from 5 PM to 8:30 AM the next day) (Outpatient closed days)	Add 50% to the above	Add 50% to the above

• Private room fee

	Common to all
Special Room B	9,000円／per day
Special Room C	6,000円／per day
LDR	13,000円／per day

※Attention- The following is an estimated cost for "delivery assistance fees" included within the specified time.- The hospitalization period may be shortened or extended at the doctor's discretion depending on the mother and child's condition, so this is not guaranteed.- The private room fee varies depending on the type of hospital room and your address. Please contact us for more details. You can find a detailed explanation regarding private rooms by following the link below.

[Special Room Information | To the patient and visitors](#)

How to spend time until delivery

Hospitalization to Delivery. The room where mothers can stay is equipped with two types of rooms that allow for 'free-style delivery'. From the start of labor until a few hours after delivery, mothers can stay without needing to move to another room.



LDR①



LDR② (Tatami room)

What is freestyle delivery ...

Since gravity can be utilized by keeping the body in an upright position or a free posture, it promotes the descent of the fetal head. It is said that effective contractions are brought about and the burden on the fetus is reduced.



Delivery table

Birth with a partner present

Who would you feel safe having by your side during childbirth?
Who would you like to welcome the birth of a new life with? Our hospital offers partner-attended childbirth. *Note: Please contact our obstetrics and gynecology outpatient department for conditions.

The situation in the ward

Private room



Unit bath



While monitoring the mother's health, rooming-in for mother and child is possible from the day of delivery.

four-person room



Separate bath and toilet



Day room



Tea dispenser



Information about NICU and GCU
https://ygmc.jp/wp-content/uploads/2025/02/nicu_gcu_guide.pdf -

Postpartum meals

One of the joys after giving birth that heals the tired body. Every day, a celebratory meal is served for dinner.



This is our hospital's proud celebration meal. Many people look forward to the postpartum dinner every day, and it has received great reviews. The variety is abundant, including Chinese, Western, and Japanese cuisines. Please enjoy this celebratory meal, which is supervised by a registered dietitian to ensure a good nutritional balance.

An example of the celebratory meal menu. *We can accommodate allergy-related foods. Please consult with your midwife. *The timing for providing the celebratory meal varies depending on the condition of the postpartum woman.

NICU・GCU

We provide safety and security through team medical care.

It also functions as a maternal and child perinatal medical center and is able to provide advanced medical care.

NICU



NICU stands for Neonatal Intensive Care Unit. There is a system in place where doctors and nurses provide intensive care for babies born prematurely and other conditions, managing their breathing and circulation 24 hours a day.



GCU

GCU stands for Neonatal Care Recovery Room. This is the room where babies who need to be monitored closely after spending their acute phase in the NICU stay.



Information about NICU and GCU

https://ygmc.jp/wp-content/uploads/2025/02/nicu_gcu_guide.pdf

Family Room

Our hospital is a registered breast milk bank facility.

On August 1, 2023, our hospital became the 15th facility in Japan and the third in Kanagawa Prefecture to be registered as a donor for the Nippon Foundation Breast Milk Bank.

What is a breast milk bank donor registration facility?

This is a facility where potential donors of breast milk undergo health checks beforehand. If you would like to use your breast milk to help many babies, please contact our hospital's Medical Affairs Department (hospital main number: 0570-032630). Our NICU was also registered as a facility that receives donor milk on July 8, 2022. If a newborn baby is born prematurely and weighs less than 1,500g, and is unable to obtain breast milk from the mother, the family can use donor milk provided by the breast milk bank at their request.

What is a breast milk bank?

This facility pasteurizes and freezes donated breast milk, then provides it to medical institutions.

For details on how to register as a breast milk donor, please see the Nippon Foundation Breast Milk Bank website.

[\(https://milkbank.or.jp/for-donors/\)](https://milkbank.or.jp/for-donors/)

Our hospital is committed to protecting the lives of newborns who need breast milk due to premature birth and to supporting their healthy growth.



Obstetrics and Gynecology Team



Yokosuka City General Medical Center: A safe birth for mothers and babies

If you are considering giving birth at our hospital,
please call us first to make an appointment.

Yokosuka General Medical Center
Main phone number : 0570-032630

Please call us on weekdays between 2pm and 4pm.